

Notes

- Water is served at every meal & Fresh fruit is chosen by the season
- Age appropriate substitutions will be chosen to fit the student's need
- Menu Items subject to change (Substitutions will at the Office)



October Menu

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

29	30 Breakfast: Apple Sauce, 100% Apple Juice Lunch: Chicken Nuggets, Green Beans, Peaches, Milk Pm Snack: Club Crackers W/ Water	1 Breakfast: Cereal W/ 100% Apple Juice Lunch: Turkey Sandwich, Baked Beans, Milk Pm Snack: Animal Crackers W/ Water	2 Breakfast: Biscuit & Jelly W/ 100% Apple Juice Lunch: Lasagna, Salad w/ Italian Dressing, Pears, Milk Pm Snack: Cheese & Crackers W/ Water	3 Breakfast: Nutri-grain Bars W/ 100% Apple Juice Lunch: Bean Burrito, Corn, Mandarin Oranges, Milk Pm Snack: Cheez Itz W/ Water	4 Breakfast: Bananas W/ 100% Apple Juice Lunch: BBQ Weenies, Sweet Potatoes, Pineapples Bits, Milk Pm Snack: Graham Crackers W/ Water	5
6	7 Breakfast: Bananas W/ 100% Apple Juice Lunch: Pizza Rolls, Green Beans, Pineapple Bits, Milk Pm Snack: Graham Crackers W/ Water	8 Breakfast: Poptarts W/ 100% Apple Juice Lunch: Grilled Cheese Sandwiches, Carrots w/ Italian Dressing, Peaches Pm Snack: Cheez Itz w/ 100% Apple Juice	9 Breakfast: Cereal W/ 100% Apple Juice Lunch: Soft Taco, Ranch Beans, Mandarin Oranges, Milk Pm Snack: Vanilla Wafers w/ Water	10 Breakfast: Applesauce W/ 100% Apple Juice Lunch: BBQ Meatballs, Sweet Peas, Pineapple Bits, Milk Pm Snack: Animal Crackers W/ Water	11 Breakfast: Banana W/ 100% Apple Juice Lunch: Fish Sticks, Green Beans, Pears, Milk Pm Snack: Graham Crackers, W/ Water	12
13	14 Breakfast: Applesauce W/ 100% Apple Juice Lunch: Mac & Cheese, Green Beans, Cornbread, Milk Pm Snack: Pretzels W/ Water	15 Breakfast: Cereal W/ 100% Apple Juice Lunch: Turkey Cheese Roll Ups, Carrots, Pineapple bits, Milk Pm Snack: Vanilla Wafers W/ Water	16 Breakfast: Mini Pancakes W/ 100% Apple Juice Lunch: Chicken Quesadillas, Corn, Fruit Cocktail, Milk Pm Snack: Cheez Itz W/ Water	17 Breakfast: Nutri-Grain Bars W/ 100% Apple Juice Lunch: Chicken Pasta, Sweet Peas, Salad w/ Italian Dressing, Milk Pm Snack: Goldfish W/ Water	18 Breakfast: Graham Crackers W/ 100% Apple Juice Lunch: Pizza Rolls, Corn, Mandarin Oranges, Milk Pm Snack: Crackers & Cheese W/ Water	19
20	21 Breakfast: Graham Crackers W/ 100% Apple Juice Lunch: Cheese Quesadillas, Peaches, Ranch Beans, Milk Pm Snack: Pretzels W/ Water	22 Breakfast: Cereal W/ 100% Apple Juice Lunch: Ham Sandwich, Baked Beans, Pineapple Bits, Milk Pm Snack: Cheez Itz w/ Water	23 Breakfast: Poptarts W/ 100% Apple Juice Lunch: Lasagna, Corn, Mandarin Oranges, Milk Pm Snack: Goldfish W/ Water	24 Breakfast: Applesauce W/ 100% Apple Juice Lunch: Meat & Pasta, Buttered Toast, Mashed Potatoes, Milk Pm Snack: Animal Crackers W/ Water	25 Breakfast: Banana W/ 100% Apple Juice Lunch: Fish Sticks, Green Beans, Salad w/ Italian Dressing, Milk Pm Snack: Graham Crackers W/ Water	26
27	28 Breakfast: Graham Crackers W/ 100% Apple Juice Lunch: Chicken Nuggets, Broccoli Cheese Rice, Peaches, Milk Pm Snack: Club Crackers W/ Water	29 Breakfast: Cereal W/ 100% Apple Juice Lunch: Soft Taco, Ranch Beans, Pineapple Bits, Milk Pm Snack: Vanilla Wafers W/ Water	30 Breakfast: Biscuits & Jelly W/ 100% Apple Juice Lunch: Frito Chili Pie, Corn, Apple Slices, Milk Pm Snack: Cheese Sticks W/ Water	31 Breakfast: Nutri-Grain Bars W/ 100% Apple Juice Lunch: Waffles W/ Syrup, Sausage, Tater Tots, Milk Pm Snack: Cheez Itz W/ Water	1 Breakfast: Mini Pancakes W/ 100% Apple Juice Lunch: Chicken Broccoli Rice Casserole, Mixed Fruit, Milk Pm Snack: Crackers & Cheese, W/ Water	2