



# NGLC JUNE 2023 FOOD PROGRAM



903-561-5833  
www.NGLC4KIDS.com



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Juice is served at AM Snack, Milk is served at lunch & water is served with lunch & both snacks.			31 Meatballs w/ BBQ Mashed Potatoes Peas AM: Fruit Melody PM: Trail Mix	1 BBQ Weenies Sweet Potatoes Buttered Bread AM: Banana PM: Animal Crackers	2 Pizza Salad w/ Italian Corn AM: Apple Slices PM: Cheese Balls	3 <b>NGLC is a NUT Free Zone</b> Please don't bring any peanuts, or food items containing nuts.
4	5 Chicken Spaghetti Green Beans Salad w/ Carrots & Italian AM: Pineapple Bits PM: Chocolate Ice Cream	6 Ham Sandwich Baked beans Peaches AM: Frozen Gogurts PM: Cheez Its	7 Tater Tot Casserole Carrots w/ Italian Applesauce AM: Toast w/ Jelly PM: Watermelon	8 Alfredo Pasta Ranch Style Beans Buttered Bread AM: Fruit Cocktail PM: Cheese Sticks & Veggie Straws	9 Chicken Nuggets Tater Tots Salad w/ Carrots & Italian A.M. Banana P.M.Cheese Ritz Bites	10
11	12 Cheese Quesadilla Carrots & Italian Ranch Beans AM: Pineapple Bits PM: Trail Mix	13 Turkey Sandwich Baked Beans Fruit Cocktail AM: Poptarts PM: Animal Crackers	14 Ravioli Corn Peaches AM: Toast w/ Jelly PM: Cheez Its	15 Fish Sticks Tater Crowns Green Beans AM: Banana PM: Lil' Debbies	16 Beanie Weenies Sweet Potatoes Buttered Bread AM: Mini Pancake, Syrup PM: Apple Slices	17
18 Happy Father's Day!	19 Mini Corn Dogs Green Beans Fruit Cocktail AM: Graham Crackers PM: Goldfish	20 Grilled Cheese Sandwich Carrots Pineapple Bits AM: Mandarin Oranges PM: Pretzels	21 Chicken-n-Rice Mandarin Oranges Green Beans AM: Nutri Grain Bars & Frozen Gogurts PM: Trail Mix	22 Waffles w/ Syrup Sausage Tater Tots AM: Cinnamon Toast PM: Cake Square	23 Lasagna Salad w/ Carrots & Italian Corn AM: Raisins & Cheese Sticks PM: Goldfish Crackers	24
25 Water will be served instead of milk or juice if you choose. A signed doctor's note is required for all food allergies.	26 Chicken Nuggets Broccoli & Cheese Rice Buttered Bread AM: Watermelon PM: Celery & Carrot Sticks w/ ranch	27 Turkey-Cheese Roll Up Carrots Pineapple Bits AM: Cereal PM: Teddy Grahams	28 Bean & Cheese Burrito Corn Salad w/ Carrots & Italian AM: Apple Slices PM: Cheez Its		* Please bring a replacement meal or snack if you think ours may contain an ingredient that is an allergen for your child.	